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## THE LITERATURE OF SLEEP

## Ode to the Pickwickian

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O Pickwickian, thou art a pugnacious person, persistently in pursuit of ponderous portions of pasta, pastry, and powerful punch.

Thou develop a protuberant paunch and pendulous jowls.

Pernicious narrowing of thy upper passageway pitifully fails to prevent the procurement of porridge.

But, as if by malfeasance, periodically pinches from you the breath of life.

In a recurring nightmare of plummeting  $\rm O_2$  and purplish hue, periodic perturbations of cardiac rhythm ensue.

Alas, the penultimate penalty must be paid, ending thy feeding frenzied way.

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